

Terminology	Equine Assisted Activities	Equine Assisted Therapy
Definition	Recreational, educational or sport activities that incorporate horses for persons with special needs for the purpose of teaching riding skills, horsemanship or other equestrian skills (driving, vaulting)	Medical treatment provided by a licensed/credentialed health professional utilizing the equine and equine environment for improvement in functional skills
Examples	Therapeutic riding, therapeutic driving, interactive vaulting, equine facilitated learning	Hippotherapy, equine facilitated psychotherapy
Provided by:	NARHA certified riding, driving and vaulting instructors, special educators,	Physical therapist, occupational therapist, speech language pathologist, social worker, psychologist, psychiatrist, doctor
Participants	Participants should be interested in learning horsemanship, riding or driving skills and be comfortable around animals. Students will be assessed to determine if they have any precautions or contraindications for the activity. The assessment will help determine which activity may be most beneficial or which level the student should begin at.	Clients complete an evaluation by the treating therapist. This evaluation will determine if there are any precautions or contraindications to treatment. Goals will be determined with input from the client/family. Some states require a referral or prescription for providing services.
Horses role:	The student influences the horse. The horse should be a well trained horse that responds to the students' aids	The horse influences the client. The horse must have excellent quality movement and be highly trained to respond to the horse handler, while often screening out movement from the client.
Goals	Teaching a skill or educational concept, generally the focus is learning to ride or drive	Therapy goals are related to function outside of the treatment session, including walking, talking and making friends